

# A Future for All to INHERIT

Taking Action Now

**10 December 2019, 9:00 - 17:00**  
**KVS, 1000 Brussels, Belgium**

## **RICARDO BAPTISTA LEITE, MD, MP**

*Medical Doctor and Member of the Portuguese National Parliament*

*Vice President and National Spokesperson for Health | Social Democratic Party*

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**MUNICIPAL-  
LEVEL DEBATE:**  
Sustainable  
changes in an  
urban context -  
how can we take  
it further?





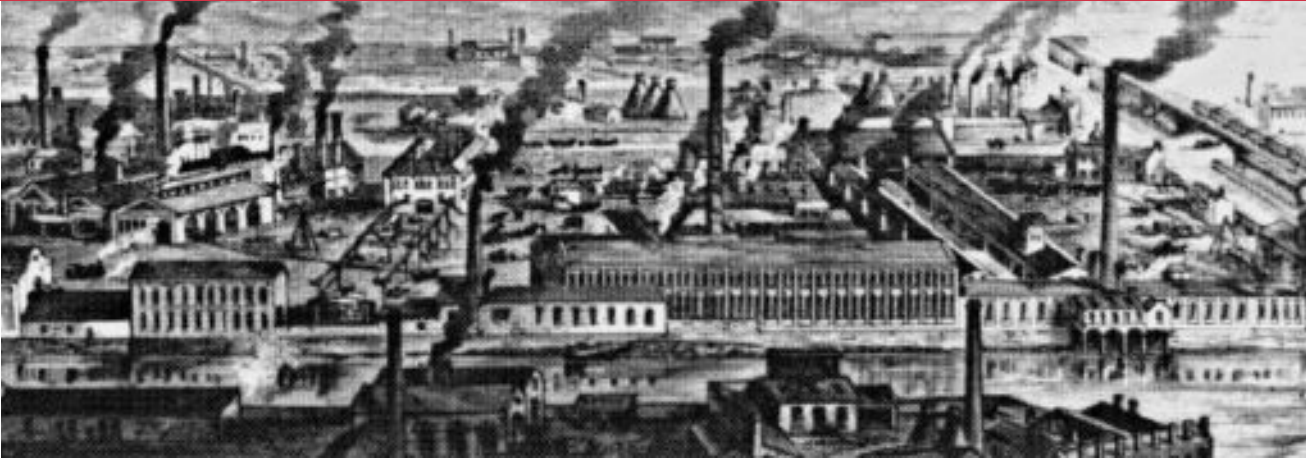


# Portugal: Cascais – Sintra – Estoril Coast





# Industrial Revolution



@RBaptistaLeite



# Industrialization of Healthcare



@RBaptistaLeite  
Health Factory, Norway, 2010

**Rising Healthcare Costs  
and  
Rising Burden of Disease**



**Risks of Unsustainability**



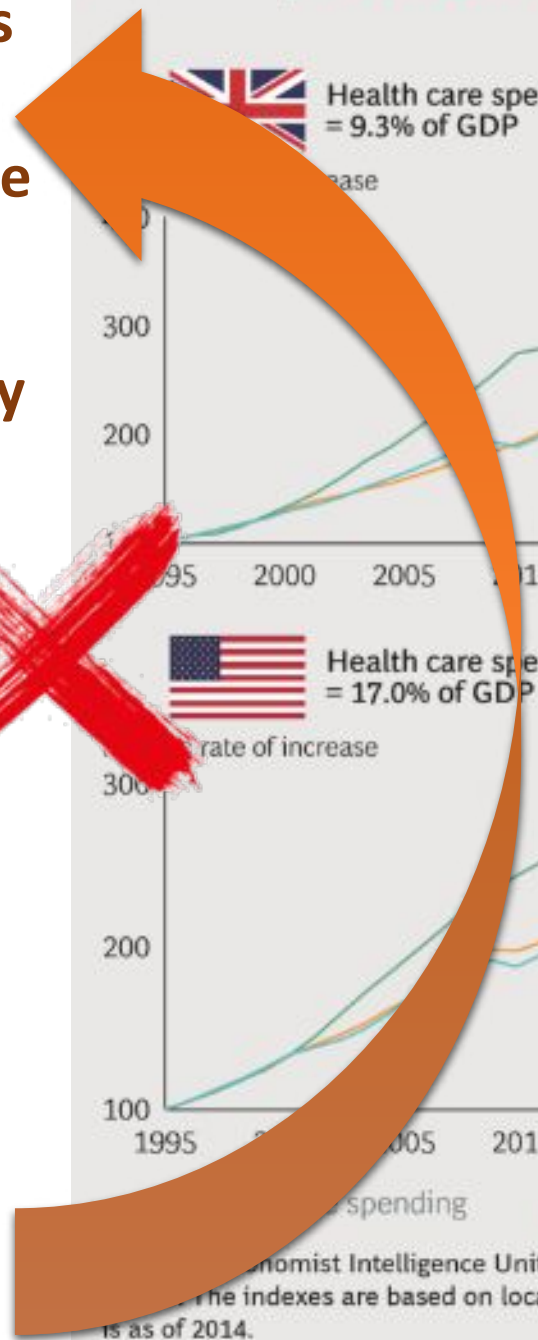
**Universal Health  
Coverage**



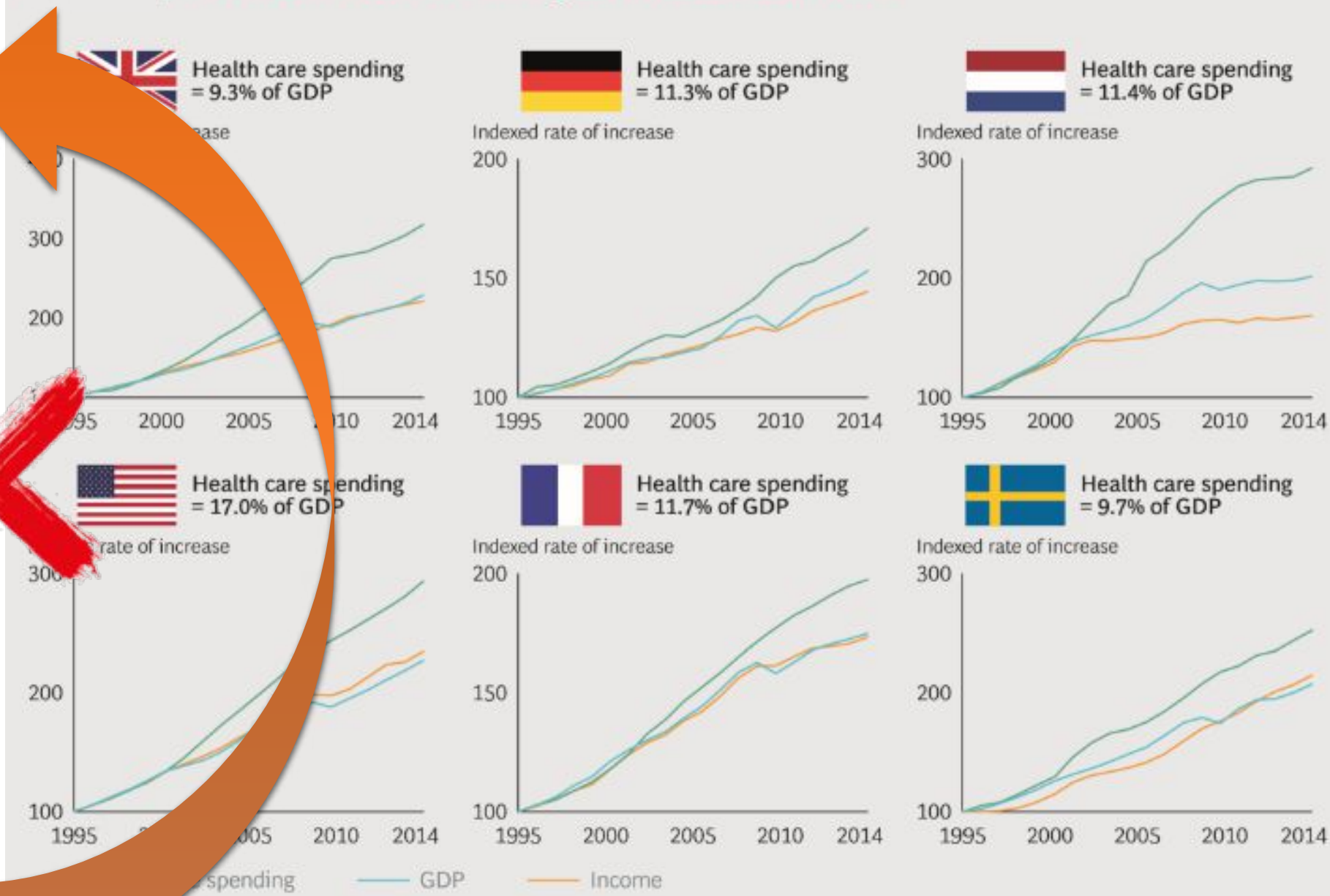
**Worse health - mainly  
for most vulnerable  
populations**



**Rise of inequalities  
and poverty**



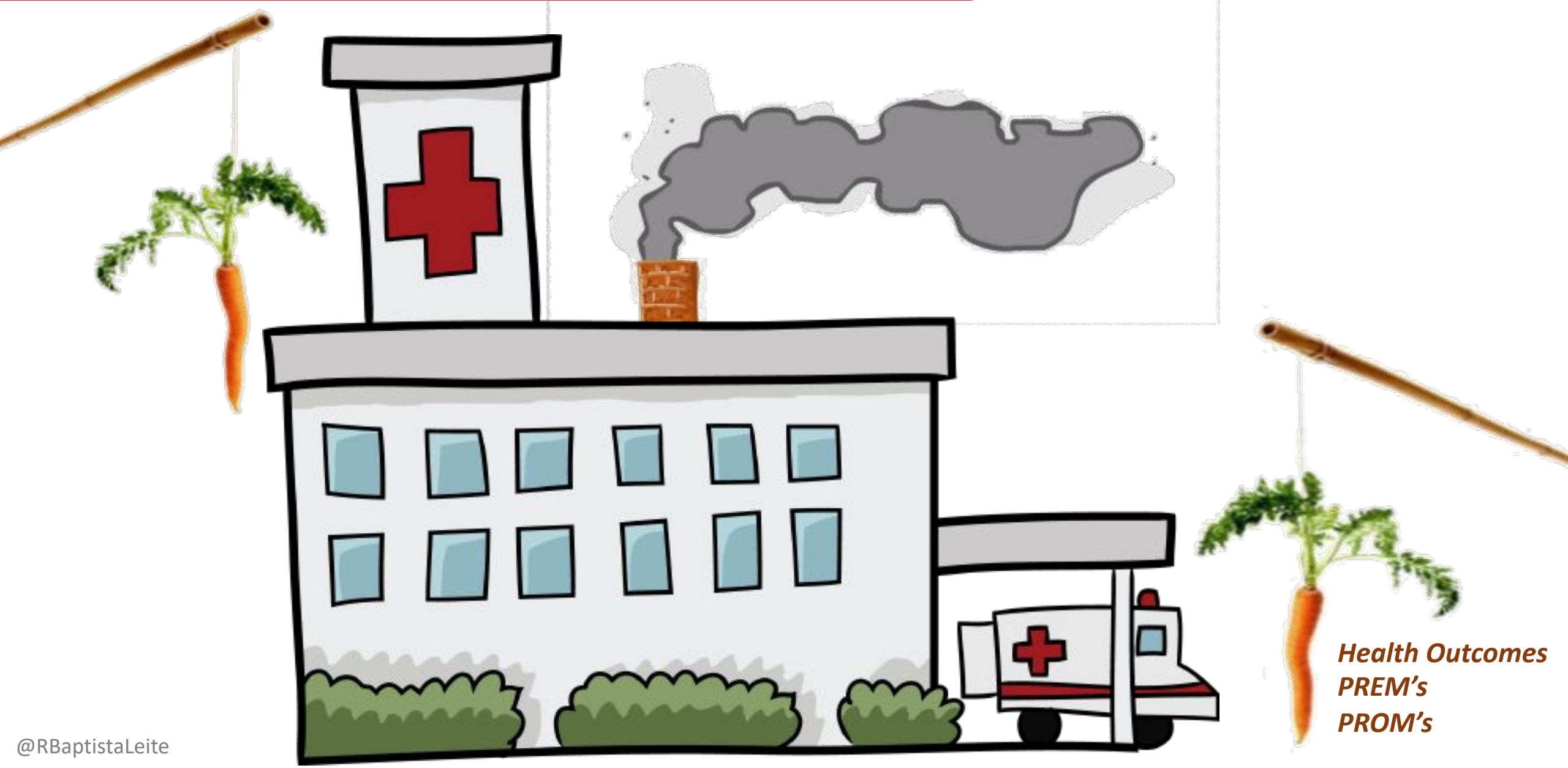
**Health Care Costs Are Rising at Unsustainable Rates**



Source: Economist Intelligence Unit, May 2015; Organisation for Economic Co-operation and Development; BCG analysis.  
The indexes are based on local currencies; 1995 = 100; income = personal disposable income; health care spending as a percentage of GDP is as of 2014.  
@RBaptistaLeite

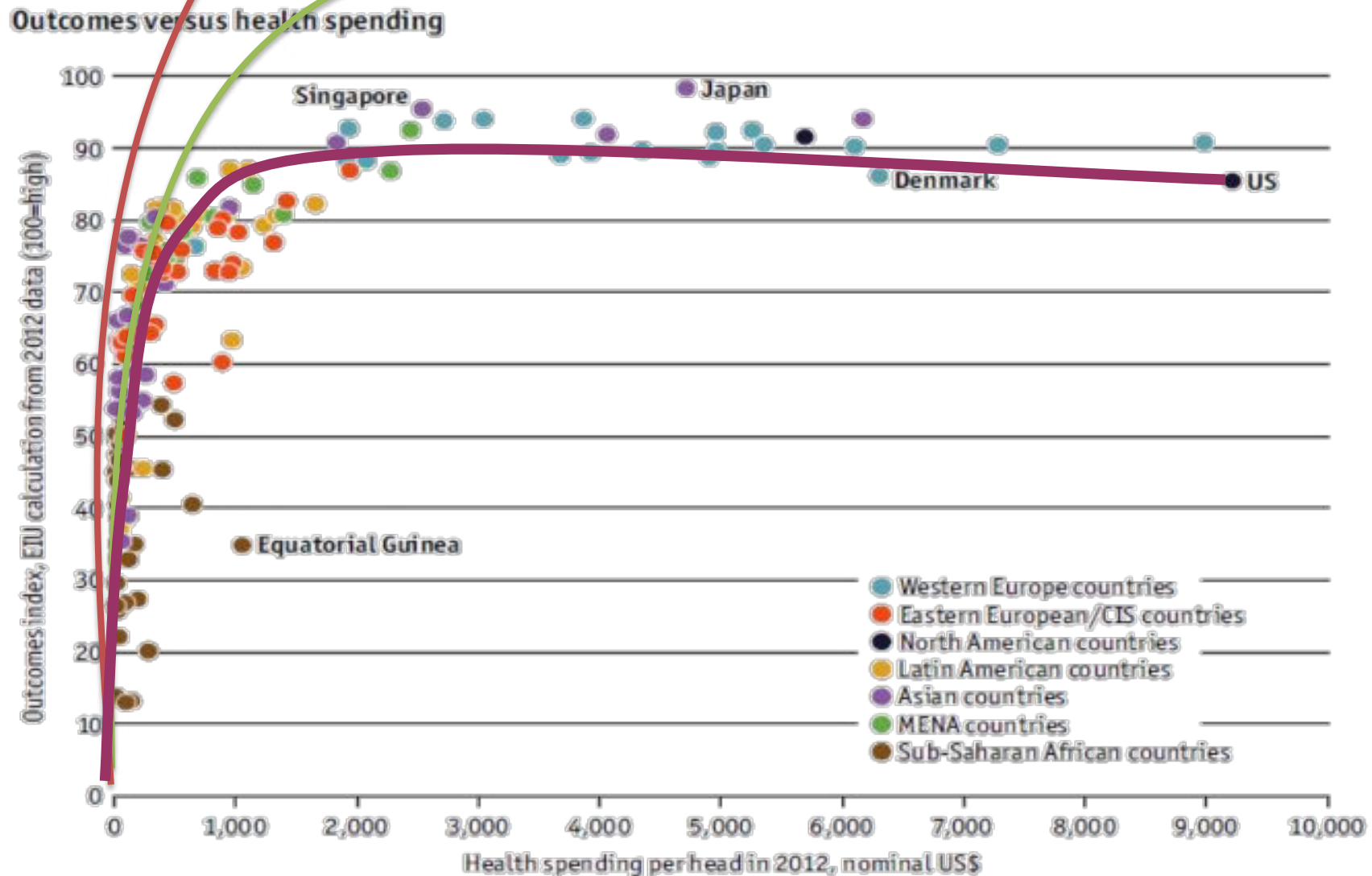


# Future of Healthcare | Value Agenda



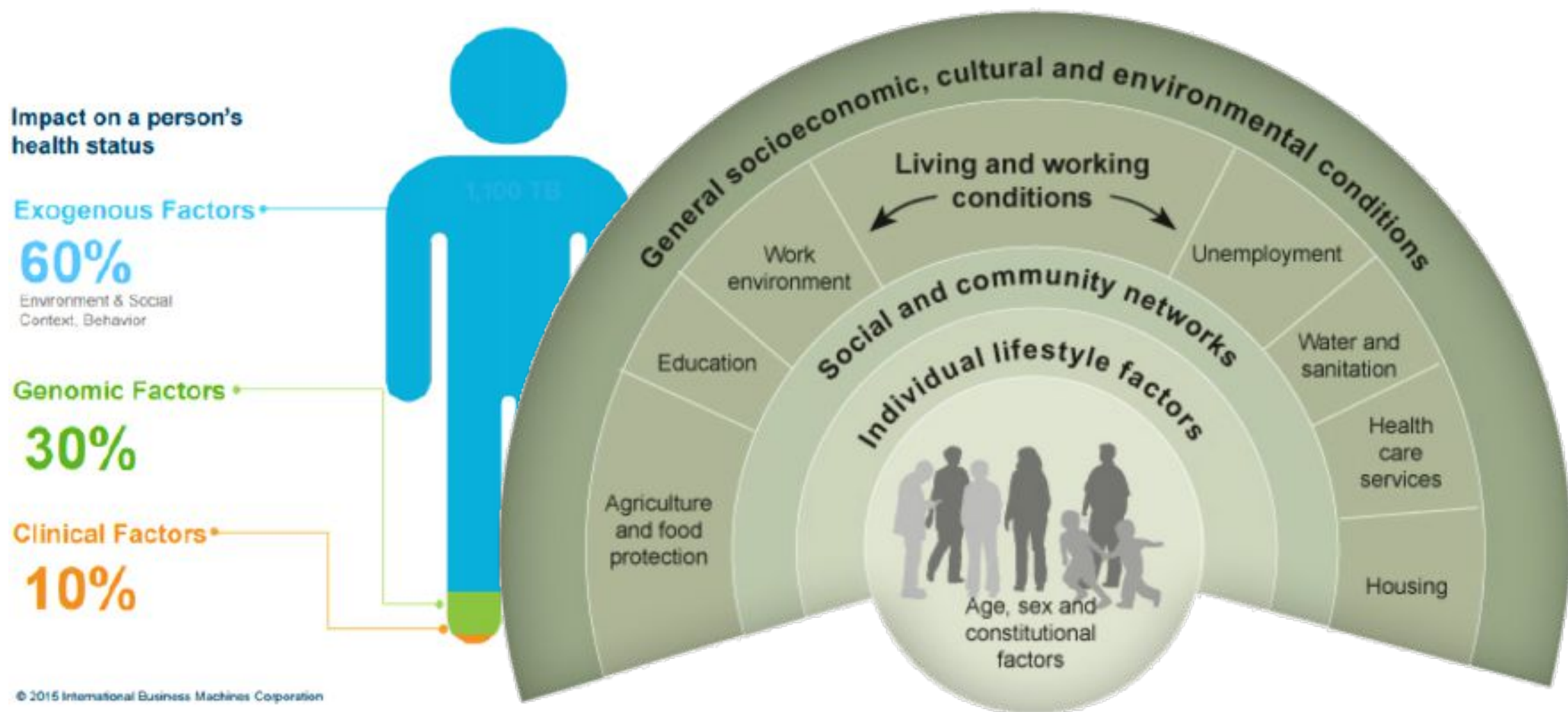
*Health Outcomes  
PREM's  
PROM's*

# Outcomes vs Spending



Sources: The Economist Intelligence Unit; World Health Organisation.

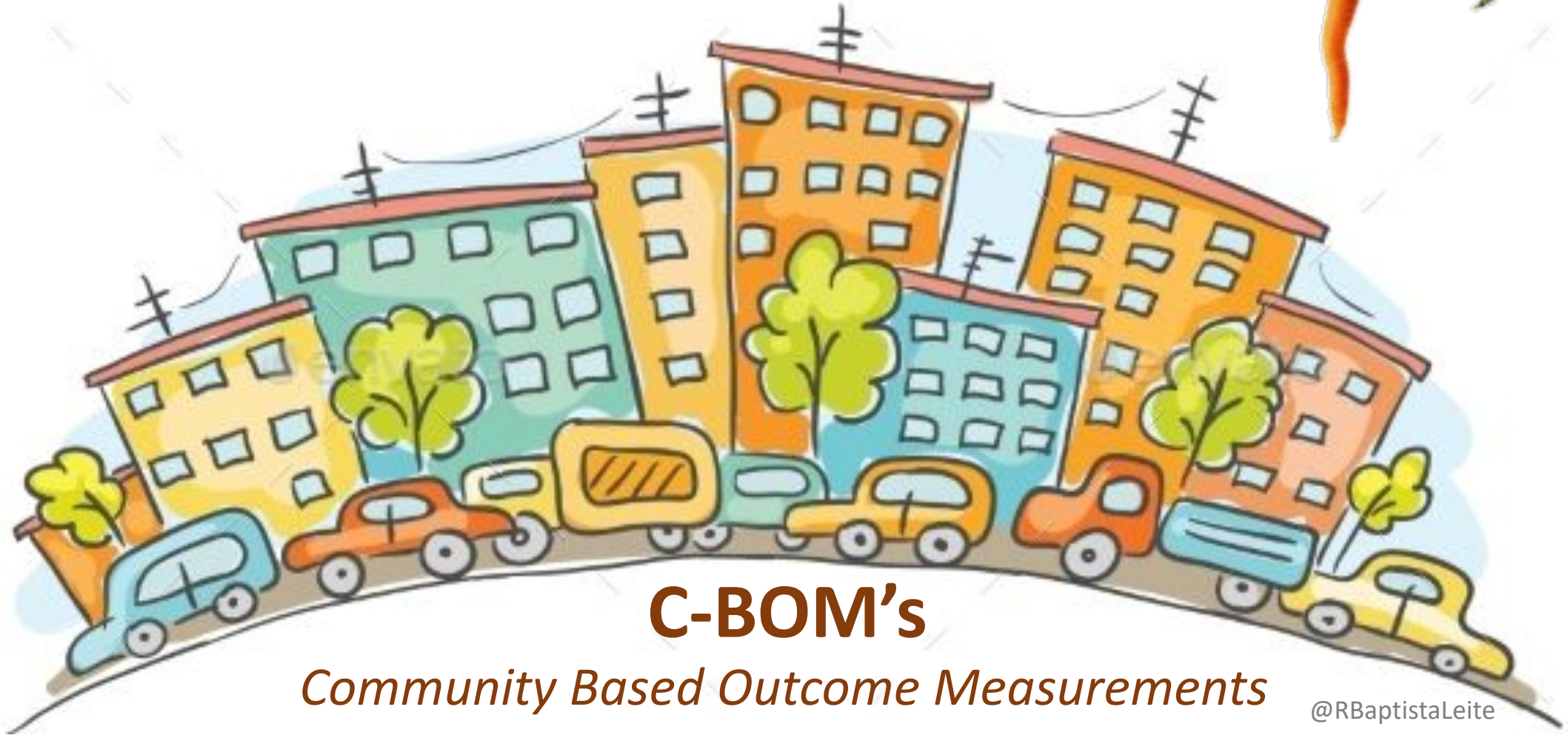
# Determinants of Health







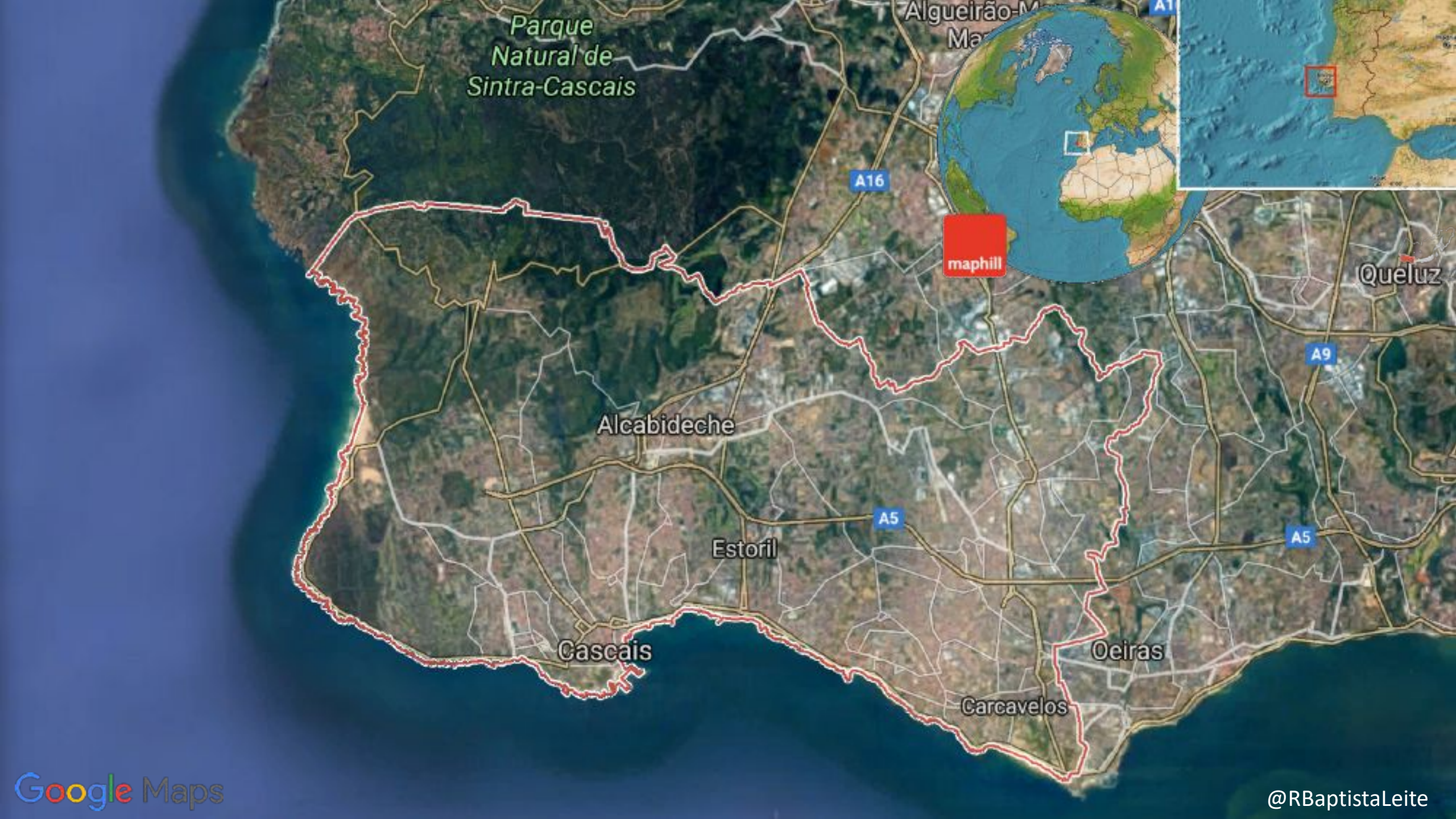
# Community Value-based Health System *Public – Social - Private*



**C-BOM's**

*Community Based Outcome Measurements*





Parque  
Natural de  
Sintra-Cascais

Algueirão-M  
Ma

A16

maphill

Queluz

A9

Alcabideche

A5

Estoril

A5

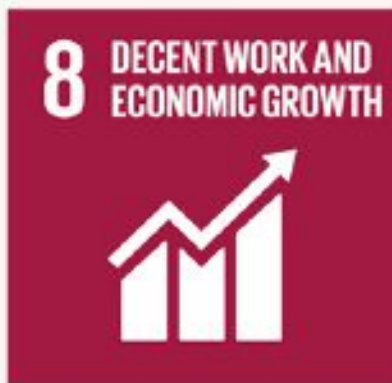
Cascais

Oeiras

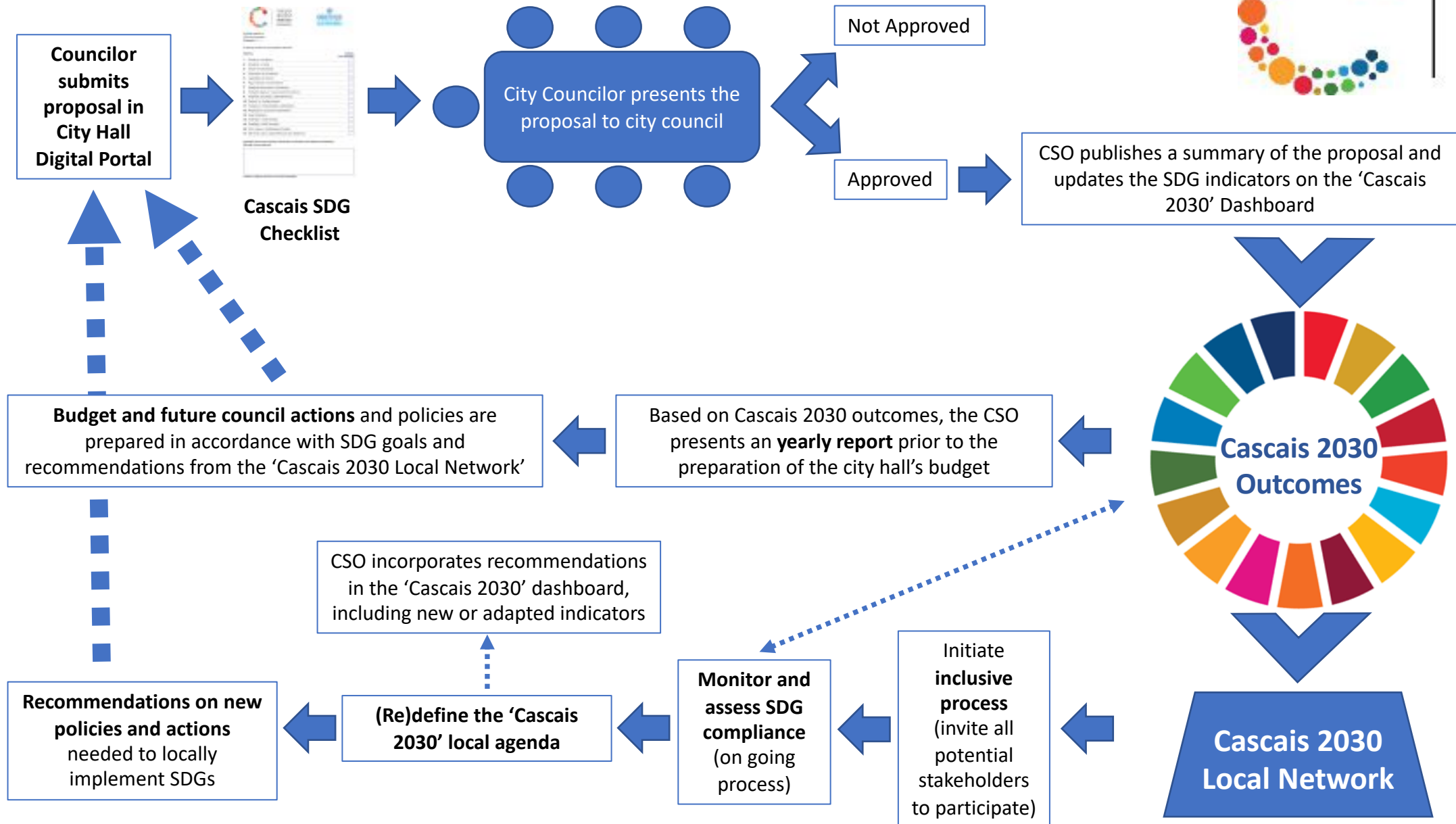
Carcavelos



# The 2030 agenda- 17 Goals, 169 Targets









CASCAIS  
2030  
OBJETIVOS  
DE DESENVOLVIMENTO  
SUSTENTÁVEL



Unidade orgânica:  
Título da proposta:  
Proposta nº \_\_\_\_

A proposta contribui para o(s) seguinte(s) objetivo(s).

Objetivo	Indique, caso aplicável
1 Erradicar a Pobreza	<input type="checkbox"/>
2 Erradicar a Fome	<input type="checkbox"/>
3 Saúde de Qualidade	<input type="checkbox"/>
4 Educação de Qualidade	<input type="checkbox"/>
5 Igualdade de Género	<input type="checkbox"/>
6 Água Potável e Saneamento	<input type="checkbox"/>
7 Energias Renováveis e Acessíveis	<input type="checkbox"/>
8 Trabalho Digno e Crescimento Económico	<input type="checkbox"/>
9 Indústria, Inovação e Infraestruturas	<input type="checkbox"/>
10 Reduzir as Desigualdades	<input type="checkbox"/>
11 Cidades e Comunidades Sustentáveis	<input type="checkbox"/>
12 Produção e Consumo Sustentáveis	<input type="checkbox"/>
13 Ação Climática	<input type="checkbox"/>
14 Proteger a Vida Marinha	<input type="checkbox"/>
15 Proteger a Vida Terrestre	<input type="checkbox"/>
16 Paz, Justiça e Instituições Eficazes	<input type="checkbox"/>
17 Parcerias para a Implementação dos Objetivos	<input type="checkbox"/>

Especifique de que forma a proposta contribui para o cumprimento do(s) objetivo(s) assinalado(s),  
indicando as metas aplicáveis.

Consulte os ODS para Cascais em [cascais.pt/Cascais2030](https://cascais.pt/Cascais2030)

## ‘Cascais 2030 SDG Checklist’



# ONLINE DASHBOARD 'CASCAIS 2030'

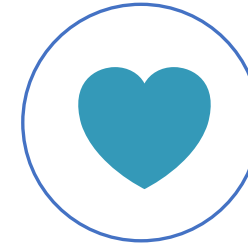


Cascais 2030 Local  
Network

Budgetary and  
Policy  
Recommendations

# SMART HEALTH CASCAIS

- Monitoring **key health and social indicators** of the population of Cascais, first Municipality in Portugal with this methodology
- Indicators are **geo-referenced**, and monitored at the most detailed level of localization as possible (7 number **zip code**)
- **3 Partnerships** for data feed (monthly updates):
  - Ministry of Education – Institute for Statistics;
  - Institute for Social Security Statistics;
  - Services of the Ministry of Health
  - Future expansion through partnerships with local health care services, hospitals, GPs etc.



**Health**



**Education**



**Social Services**

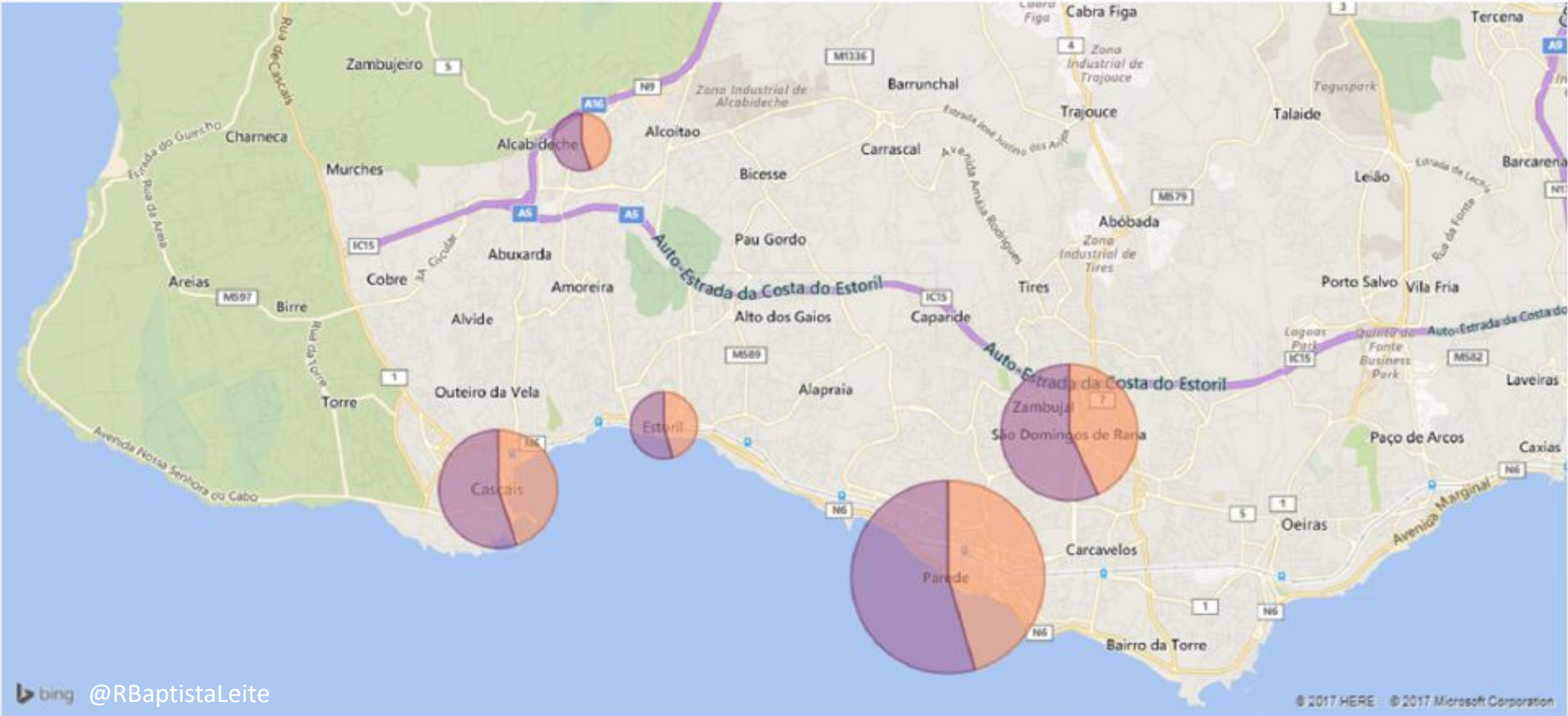


SDG3: ACHIEVE **UNIVERSAL HEALTH COVERAGE**, INCLUDING FINANCIAL RISK PROTECTION, ACCESS TO QUALITY ESSENTIAL HEALTH-CARE SERVICES AND ACCESS TO SAFE, EFFECTIVE, QUALITY AND AFFORDABLE ESSENTIAL MEDICINES AND VACCINES FOR ALL



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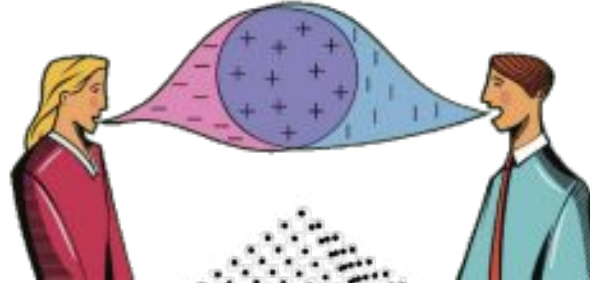
Indicador ● Número de dispensa de medicamentos benzodiazepinas e anti-... ● Número de prescrições de medicamentos benzodiazepinas e an...





# ***Pentagram for Change***

***Politicians***



***Scientific Community***



***Media***



***Civil Society***



***Private & Social Sectors***



"It always seems impossible until it's done."

**-Nelson Mandela**



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