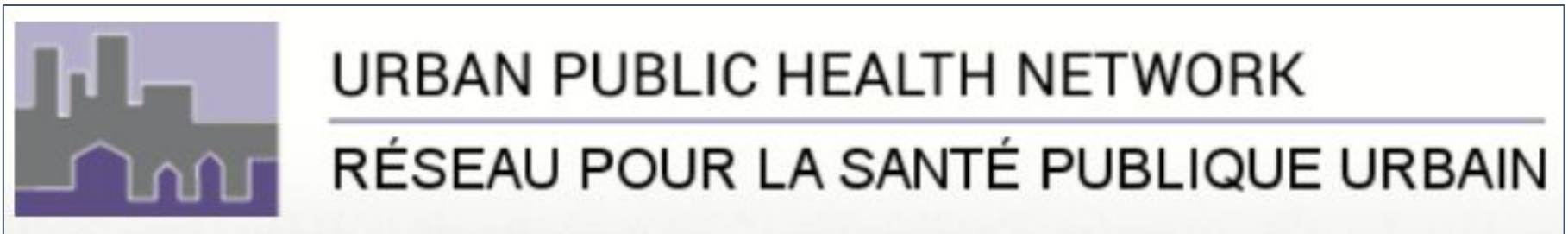# "Triple Win" examples from the Canadian Urban Public Health Network

Dr Cory Neudorf

Professor, Department of Community Health & Epidemiology, University of Saskatchewan
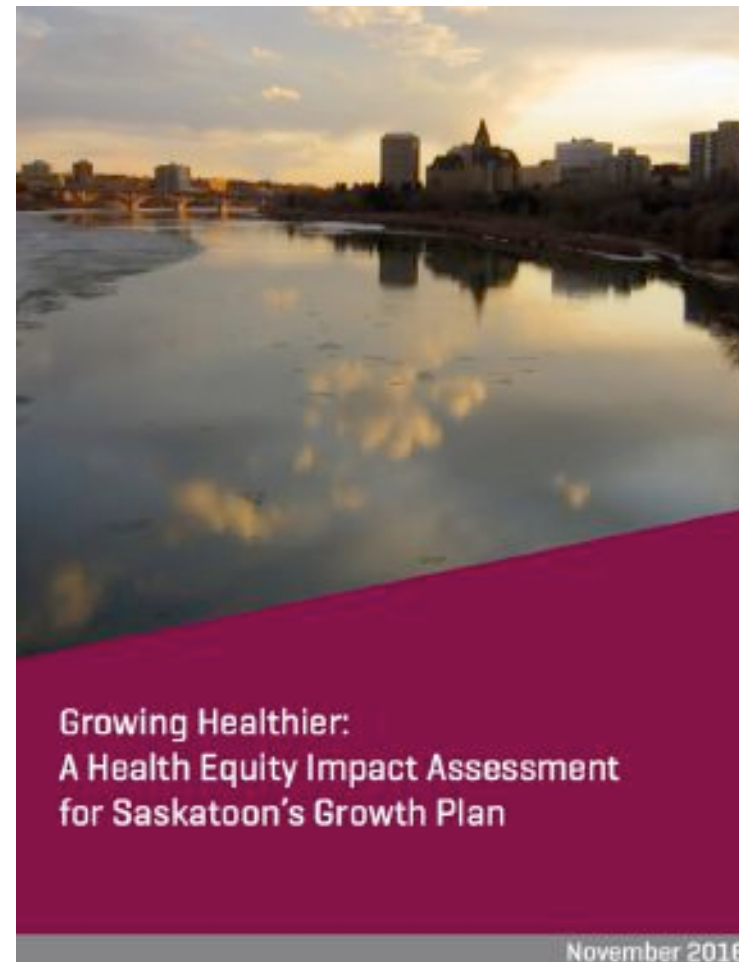
President, Urban Public Health Network of Canada

Health, Environment and Equity: UPHN member reports

- Health Equity Impact Assessment of Saskatoon's Growth Plan

- Healthy Canada by Design – compilation of results from healthy built environment projects in 17 communities by public health and urban planners

- Gaps in Health report (2008) and Measuring Trends in Health Inequalities report 2019

- Multisectoral Urban Systems for Health & Equity (MUSE) projects

Growing Healthier:
A Health Equity Impact Assessment for Saskatoon's Growth Plan

November 2016

https://www.thinkupstream.net/yxe_heia

CANADIAN JOURNAL of PUBLIC HEALTH
REVUE CANADIENNE de SANTÉ PUBLIQUE

Healthy Canada by Design

https://hcbdclasp.blog/clasp-i-resources-tools/

A Few Examples of change from Quartier 21 in Montréal

Before

After

Centre intégré
universitaire de santé
et de services sociaux
du Centre-Est-de-
l'Île-de-Montréal
Québec

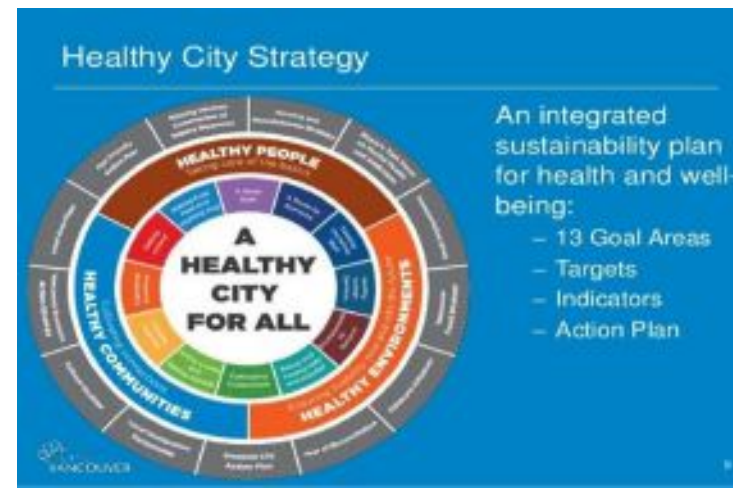# A Few Examples of change from Quartier 21 in Montréal

Before

After

Lessons learned

- Working across sectors with partners that have different mandates and ways of speaking about these issues can be challenging
- Creating and Leading Multisectoral Partnerships helps build trust and common purpose
  - Saskatoon Junction Improvement Strategy
  - Vancouver Healthy City Strategy
  - Montréal Métropole en Santé

The Junction Improvement Strategy

Networks as enablers of spread and scale

- Creation of UPHN; the network provides twice yearly opportunities to the medical officers of health of Canada's largest cities for :
  - sharing of best practices in delivery and evaluation of public health programs and initiatives in urban centers
  - raising awareness of urban public health issues
  - fostering collaborative action on issues of mutual interest
  - advancing policy change by developing a collective voice for urban public health issues
  - facilitating research in public health.