



**INHERIT**  
Health | Equity | Environment

# #InheritYourFuture Forum | Programme

21 November 2018, Ovalhalle, MuseumsQuartier, Vienna

**8:30 – 9:00 Registration** (Ovalhalle, MuseumsQuartier (MQ) Wien/Vienna, Museumsplatz 1)

**9:00 – 10:20 Opening Session – SUSTAINABILITY AND HEALTH FOR ALL**

- **Opening words by the Chair:** Harry Rutter, Professor of Global Public Health, University of Bath & Advisory Board member for the INHERIT project
- **Welcome remarks,** Karin Schindler, Federal Ministry of Labour, Social Affairs, Health and Consumer Protection
- **Sustainability Now!** Karl Falkenberg, former Senior Advisor to the European Political Strategy Centre (EPSC) of the European Commission
- **Behaviour change in the context of health and sustainability,** Susan Michie, Professor of Health Psychology and Director of the Centre for Behaviour Change, University College London (UCL)
- **Local leadership and the EU Urban Agenda,** Nicolaas Beets, Special Urban Envoy of the Dutch Interior Ministry, Ambassador of the EU Urban Agenda
- **Q&A**

**10:20 – 11:00 Session 1 – A GREENER, HEALTHIER AND MORE INCLUSIVE EUROPE**

- **The triple-win solution,** Caroline Costongs, Director of EuroHealthNet & Coordinator of INHERIT
- **Panel discussion with research leads**
  - **Brigit Staatsen,** Senior Researcher in Environmental Epidemiology, National Institute for Public Health and Environment (RIVM)
  - **Pania Karnaki,** Director of Research and Head of European Projects, Institute of Preventive Medicine Environmental & Occupational Health (PROLEPSIS)
  - **Ruth Bell,** Principal Research Fellow and Senior Advisor, UCL Institute of Health Equity, University College London (UCL)
  - **Rosa Strube,** Project Manager, Collaborating Centre on Sustainable Consumption and Production (CSCP)
  - **Geir Arild Espnes,** Director, Norwegian University of Science and Technology's Center for Health Promotion Research (NTNU)

**11:00 – 11:30 Networking coffee & tea**

**11:30 – 13:00 Session 2 – SUSTAINABILITY IN PRACTICE**

- **How do they do it? Five triple-win practices will be pitched by practice leaders:**
  - **Restructuring Residential Outdoor Areas (SE),** Anna Degerfeldt, Social Anthropologist, Urban Utveckling (Urban Development)
  - **Gent en Garde (BE),** Marjolijn Vos, Healthcare Staff Member, Gezond Leven
  - **Green Gyms with Meatless Mondays in School (UK),** Matluba Kahn, study lead at UCL & Craig Lister, Managing Director at Green Gyms
  - **SWITCH to Active Travel (AT),** Wiebke Unbehaun, Practice Lead for SWITCH to Cycling
  - **Questionmark App (NL),** Charlotte Linnebank, Founder & Executive Director, Questionmark
- **Leading experts reflect further on how these practices address sustainability, behaviour change, and health equity.**
  - George Morris, Honorary Professor, University of Exeter European Centre for Environment & Human Health
  - Susan Michie, Professor of Health Psychology and Director of the Centre for Behaviour Change, University College London (UCL)
  - Ruth Bell, Principal Research Fellow and Senior Advisor, UCL Institute of Health Equity, University College London (UCL)

**13:00 – 14:00 Networking lunch – sustainable catering by ISS MICH!**

## 14:00 – 15:30 Session 3 – SCALING-UP FROM LOCAL PRACTICE TO INVESTMENT

- Participants will select one of three simultaneous workshops and join promising practice leaders and experts to engage on how to upscale/mainstream better living (green space, energy efficient housing), moving (active transport) and consuming (healthy diets) across policy action.
- Roundtable discussions will address inter-sectoral cooperation, governance, scalability and economic perspectives.

	Living	Moving	Consuming
<b>Chairs</b>	Ingrid Stegeman (EuroHealthNet) George Morris (Exeter)	Brigit Staatsen (RIVM) Sibila Marques (ISCTE-IUL)	Mojca Gabrijelcic (NIJZ) Nina van der Vliet (RIVM)
<b>Rapporteur</b>	Tim Taylor (Exeter)	Milan Scasny (CUNI)	Matluba Khan (UCL)
<b>Presentations</b>	<p><b>Energy Efficiency Housing (UK)</b>, Tim J. Taylor, EXETER University, INHERIT Study Lead (UK)</p> <p><b>Place Standard Tool</b>, Stefan Bogoev, Mayor of Municipality of Karposh, Republic of Macedonia &amp; Dragan Gjorgjev, INHERIT Study Lead</p> <p><b>Thinking Fadura (ES)</b>, Silvestre García de Jalón, INHERIT Study Lead</p> <p><b>Restructuring Green Spaces Breda (NL)</b>, Marnix Scholman &amp; Ton Gjeltema, Share Urbanism</p>	<p><b>An overview of best practices in active travel</b>, Brigit Staatsen (RIVM)</p> <p><b>Lifestyle e-Coaching App (NL)</b>, Hanne Spelt, Philips Group Innovation, Research, Brain Behavior &amp; Cognition Group</p> <p><b>Urban Cyclers App (CZ)</b>, Vojtěch Máca, INHERIT Study Lead, Charles University, Center for Environmental Issues (CUNI)</p> <p><b>Seville's Cycling Plan (ES)</b>, Marco Garrido-Cumbrera, Professor, University of Seville &amp; co-Founder of Health &amp; Territory Research (HTR)</p>	<p><b>Dinner is ready in 1,2,3 euros (BE)</b>, Wim Verbesselt, Project Coordinator, Colruyt Group</p> <p><b>Food Garden Rotterdam (NL)</b>, Erik Sterk, Director of Food Garden Rotterdam</p> <p><b>The Vegetable Academy (DE)</b>, Antonia Mehnert, Regional Manager for The Vegetable Academy</p> <p><b>PROVE (PT)</b>, Natalia Henriques, Coordinator, Regional Development Association of Setúbal Peninsula (ADREPES) &amp; Daniela Craveiro, Associate Researcher, University Institute of Lisbon (ISCTE-IUL)</p>

## 15:30 – 16:00 Networking coffee & tea

## 16:00 – 17:00 Session 4 – LEADING FOR THE FUTURE WE WANT

Chair: Clive Needle, Senior Policy Advisor, EuroHealthNet

- **Workshop rapporteurs present outcomes to inform leadership and policy.**
- **Where do we meet to collectively reach the triple win for health, environment and social inclusion?**
- A panel with practice and network leaders representing private, public and civil society sectors discuss:
  - Nicolaas Beets, Special Urban Envoy of the Dutch Interior Ministry, Ambassador of the EU Urban Agenda
  - Eelco Smit, Senior Director Sustainability, Group Sustainability, Philips International B.V.
  - Lise Gauvin, Professor, School of Public Health, University of Montreal (ESPUM) and Principle Investigator, Multisectoral Urban Systems for Health and Equity in Canadian Cities (MUSE)

## 17:10 – 17:15 CONFERENCE CLOSING REMARKS

## 19:00 Joint reception with the Austrian EU Presidency Conference People's food – People's Health: Towards Healthy and Sustainable European Food Systems (22-23 November 2018)

- **With remarks** from
  - Caroline Costongs, Director of EuroHealthNet & Coordinator of INHERIT
  - Mag. Helena Guggenbichler, IEMBA HSG, Secretary General, Austrian Federal Ministry of Labour, Social Affairs, Health and Consumer Protection
  - John Ryan, Director, European Commission Health and Food Safety Directorate General, Directorate C – Public Health and Crisis Management