

# Food Garden Rotterdam

Adapting how we live, move and consume as a means and a goal.  
European practices for sustainable lifestyles and health equity.

Vienna, Erik Sterk, November 2018



# Food Garden Rotterdam

- Mission driven
- Producing food for the Foodbank and other social initiatives
- Producers are consumers
- Social & circulair economy
- Green social work
- Green city-making
- Green, Healthy & Sustainable City



# Goals of the Food Garden

- Poverty Reduction
- Honest Work
- Sustainable Lifestyles
- Health equity





# Faces of the Food Garden

1. Local Food & Community Garden
2. Educational & Therapeutical Garden
3. City Garden
4. Experimental Garden



# Concepts

## Short term:

- 'Positive health'

## Long term:

- Sustainable development

## Governance:

- Forward mapping
- Backward mapping

## Instruments:

- Food making
- City making





# Sustainable lifestyles and health equity

- Social Work
- Urban Agriculture
- Urban Development
  
- Multi-phase
- Multi-level
- Multi-stakeholder
- Multi-sectoral

